

# Let's Go Rural!

## High School Event

*Grow Your Own Health-care Providers*



### What is a high school event?

*Let's Go Rural!* High School events are one-day learning opportunities where high school students can discover rural health care. Held during school hours, students experience a wide variety of interactive and informative sessions. The event is held at the local health-care facility, school, or other community gathering place. These events are intended to make students aware of the health-care opportunities available in their communities and to encourage them to consider these careers after graduation.

### What kind of skills might be included?

Students may be exposed to a variety of skills shown by local health-care providers. These optional skills stations may include:

- ✓ Suturing
- ✓ IV Starts & Injections
- ✓ EMS
- ✓ Mechanical Lifts
- ✓ Mental health
- ✓ Others, in consultation with RhPAP and the rural community consultant

### Interested in applying for a new event in your community?

Take a look at the online Expression of Interest at [rhpap.ca/eoi](http://rhpap.ca/eoi)

*Applications for the upcoming fiscal year (April 1 - March 31) open each January and close when funding is fully allocated.*

### Want to see more?

For more information about what these events can include, check out [rhpap.ca/LetsGoRural](http://rhpap.ca/LetsGoRural)



### Why attend a *Let's Go Rural!* High School Event?

- ✓ Broaden your understanding of health-care career options in your rural community
- ✓ Explore health-care skills through fun, interactive activities
- ✓ Hear stories of working in a rural setting from rural health-care providers
- ✓ Discover whether a health-care career is for you

### What are students saying?

- ✓ "This was a fun day! **Really opened my eyes** [to] what is available to me for my future."
- ✓ "I really loved the **engaging activities and exploring health-care careers**. This really showed me the many options where I can work right here in my community."
- ✓ "I loved using my hands with the activities. **It was so much fun** and, now, I may consider pursuing a career in the health-care world."

### How much does it cost?

RhPAP does not charge students for these events, but based on your location there may be a minimal cost associated with transportation/ bussing.

### How to get involved

If this sounds like an opportunity for you, talk to your school administration about how you can participate.

You will be required to have a consent and confidentiality form signed by your parents/guardians to participate.

Please return to your school administrator by

## Your next opportunity to attend an RhPAP High School Event is coming soon!

