

Option Course Selection Sheet
Barrhead Composite High School
2020-2021 Grade 7

Dear Parents/Guardians:

Aside from the core subjects of Language, Mathematics, Science, Social Studies and Physical Education, Alberta Education requires exposure to two or more option courses. Below is a list of the Grade 7 option courses that are being offered at BCHS. All students will be placed in the equivalent of four half year courses.

Student Name: _____

Gr. 6 School Attended: _____

Parent/Guardian Signature: _____

Prioritize the following options with "1" being your first choice and "7" being your last choice. A description of each option is on the back of this page.

ONE SEMESTER (1/2 YEAR)

_____ Active for Life

_____ Art

_____ Drama

_____ Foods

_____ Industrial Arts

_____ Robotics

_____ Movie Making-Beginner

FULL YEAR

_____ Band

Drama - In Drama 7 we learn about acting and performing through different games. Our major projects include an air band unit and the chance to perform a script that students write themselves. If you want to increase your creativity, confidence and teamwork skills, I hope you'll give Drama 7 a try!

Band - We are looking for bright, motivated students who have an interest in developing their skills in music, who enjoy learning new and challenging skills and who want to be part of a team. Students who enter the program will be taught everything they need to know in order to read music and play their instrument. No previous training is required. Students are given choices of instruments that they feel inspired to play (flute, clarinet, saxophone, trumpet, baritone, trombone, tuba and percussion). Our program will supply quality instruments for you to use.

Robotics - Students get to build and program Lego robots to perform various challenges. Also included are individual projects (just for the fun of building) and a drag race competition. The semester ends off with building and programming your personal battle robot and a tournament to decide the champion!

Art - Love drawing? Painting? Sculpting? Ever wondered if you could be better, or even the best at it? Join me as we work through mini tutorials in drawing, watercolour, acrylics & sculpting and then using these skills to create your own masterpieces. Added bonus: Answers to questions like: Why did Van Gogh cut off his own ear & mail it to someone? Why is Mona Lisa famous?

Industrial Arts - Want to work with your hands & mind. This is the class where you learn to use various power and hand tools safely, properly build a variety of projects and be comfortable within a shop setting, which will be useful for the rest of your life.

Foods - This is a hands-on class where students will increase their cooking skills as they prepare a variety of recipes. They will also learn about nutrition, safety, following a recipe, and working together in a group.

Movie Making - Students learn how to write, shoot and edit their own movies using professional editing software & equipment.

Active for Life - Active living is a way of life that integrates physical activity into everyday routines. Active living is a combination of physical activity and recreation activities to encourage a healthier lifestyle. In this course students will learn what it means to live an active and healthy lifestyle through physical activities, nutritional studies and research. In the Active for Life option, students will recognize that physical activity and a healthy lifestyle play an important role in promoting the wellness of all. Students will learn to live their own healthy and active lifestyle, but as a class we will promote living an active lifestyle in our community through various projects!